

Data:	18-09-2011	Hora:	12h00	Local:	Lisboa			
Natação	1.500 mt	Ciclismo:	40.000 mt	Corrida:	10.000 mt			
Ranking:	Camp. Nac. Indiv. de Triatlo		Hora de Partida:	00h00				

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	P	P	P	Total	Diff	
1	3178	2108	Marcus Fernandes	-	SEN	Individual	1	00:18:00	4	00:00:37	3	00:58:02	9	00:00:22	1	00:33:02	01:50:04	
2	2015	30	João Serrano	-	S23	C. D. "Os Águias" de Alpiarça	2	00:18:01	1	00:00:36	4	00:58:03	4	00:00:19	2	00:34:16	01:51:17	00:01:12
3	3176	2107	Igor Amorelli	-	SEN	Individual	6	00:18:08	8	00:00:40	1	00:57:52	8	00:00:21	3	00:34:27	01:51:31	00:01:27
4	3175	2106	Rafael Fonseca	-	SEN	Individual	3	00:18:03	11	00:00:41	2	00:57:55	1	00:00:18	8	00:35:27	01:52:26	00:02:22
5	2124	14	Vasco Pessoa	-	S23	C. D. "Os Águias" de Alpiarça	5	00:18:08	3	00:00:37	37	01:03:54	50	00:00:34	6	00:35:03	01:58:17	00:08:13
6	3260	838	Rafael Gomes	-	SEN	Amiciclo	22	00:22:20	29	00:00:48	11	01:01:18	78	00:00:42	5	00:35:03	02:00:12	00:10:08
7	3342	337	Rodrigo Baltazar	-	SEN	Sporting CP - St.Peters School	13	00:21:27	5	00:00:38	15	01:02:19	16	00:00:24	10	00:36:12	02:01:01	00:10:57
8	1533	24	João Curado	-	JUN	Sporting CP - St.Peters School	4	00:18:07	2	00:00:37	63	01:05:34	12	00:00:23	11	00:36:43	02:01:24	00:11:20
9	3704	453	Nuno Rodrigues	-	SEN	Clube de Triatlo de Almada	20	00:21:52	21	00:00:46	12	01:01:44	3	00:00:19	13	00:37:15	02:01:58	00:11:54
10	3485	1111	Nuno Patrício	-	SEN	C. N. Alvito	26	00:22:53	26	00:00:48	5	01:00:44	26	00:00:27	14	00:37:45	02:02:39	00:12:35
11	2162	490	Jorge Alves	-	S23	Garmin Olimpico de Oeiras	18	00:21:45	9	00:00:40	55	01:05:03	5	00:00:20	7	00:35:22	02:03:12	00:13:07
12	3225	2184	Or Berger	-	SEN	Individual	8	00:19:22	37	00:00:53	47	01:04:24	29	00:00:28	18	00:38:30	02:03:38	00:13:34
13	3846	1650	Benek Moraes	-	SEN	Sporting CP - St.Peters School	44	00:25:19	32	00:00:50	25	01:03:24	6	00:00:20	4	00:34:36	02:04:31	00:14:26
14	3102	375	Alexandre Feliz	-	SEN	COMPEED - Tri-Oeste	30	00:22:58	12	00:00:42	6	01:00:46	18	00:00:24	36	00:40:09	02:05:01	00:14:57
15	1541	1654	Bruno Freitas	-	JUN	Ludens Clube do Machico	11	00:20:45	30	00:00:49	29	01:03:32	21	00:00:26	39	00:40:26	02:06:00	00:15:56
16	3626	1460	Paulo Filipe Gonçalves	-	SEN	DUNIK.PT-Clube dos Galitos	17	00:21:34	7	00:00:39	14	01:02:13	14	00:00:23	52	00:41:12	02:06:03	00:15:59
17	3142	497	Pedro Figueira	-	SEN	Ribabike/Assoc. 20 Km de Almeirim	27	00:22:54	15	00:00:45	7	01:00:51	69	00:00:38	49	00:41:07	02:06:17	00:16:12
18	3214	443	Miguel Ganchinho	-	SEN	Clube de Triatlo de Almada	37	00:23:42	24	00:00:48	45	01:04:21	39	00:00:31	12	00:36:55	02:06:18	00:16:14
19	4013	500	Miguel Fragoso	-	V2	Vitoria de Janes	29	00:22:58	47	00:00:56	27	01:03:27	65	00:00:38	22	00:38:43	02:06:43	00:16:39
20	4352	340	Emanuel Neves	-	V1	Clube Triatlo de Perosinho	28	00:22:55	23	00:00:47	34	01:03:41	23	00:00:27	24	00:38:59	02:06:50	00:16:46
21	4400	759	Paulo Canário	-	V1	Cl. Ferroviário de Vendas Novas	24	00:22:38	20	00:00:46	10	01:01:08	34	00:00:30	61	00:41:55	02:06:59	00:16:55
22	3124	1708	Gustavo Caraça	-	SEN	Alhandra Sporting Club	10	00:20:31	22	00:00:47	22	01:03:08	10	00:00:22	73	00:42:40	02:07:29	00:17:25
23	4148	379	Pedro Cordeiro	-	V1	COMPEED - Tri-Oeste	25	00:22:43	13	00:00:42	9	01:01:03	55	00:00:35	70	00:42:32	02:07:37	00:17:33
24	3772	1312	Ricardo Lanceiro	-	SEN	Sporting CP - St.Peters School	55	00:26:08	25	00:00:48	39	01:03:58	103	00:00:52	9	00:36:11	02:07:59	00:17:55
25	2109	198	David Ferreira	-	S23	Núcleo Sportinguista da Golegã	32	00:23:05	10	00:00:41	32	01:03:38	33	00:00:30	37	00:40:12	02:08:08	00:18:03
26	3244	253	Carlos Fernandes	-	SEN	Oeiras Sport Clube	39	00:24:27	19	00:00:46	46	01:04:23	15	00:00:24	20	00:38:36	02:08:36	00:18:32
27	1516	356	David Maia	-	JUN	Garmin Olimpico de Oeiras	15	00:21:30	16	00:00:45	13	01:02:13	13	00:00:23	80	00:43:49	02:08:42	00:18:37
28	3599	1294	João França Alves	-	SEN	DUNIK.PT-Clube dos Galitos	36	00:23:40	63	00:01:02	44	01:04:11	25	00:00:27	33	00:39:42	02:09:04	00:19:00
29	4002	1598	Jorge Figueiredo	-	V1	DUNIK.PT-Clube dos Galitos	31	00:22:59	50	00:00:58	26	01:03:24	107	00:00:53	43	00:40:49	02:09:05	00:19:01

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Ranking:	Camp. Nac. Indiv. de Triatlo		Hora de Partida:	00h00					

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	P		P		Total	Diff
30	3210	61	Bruno Salvador	-	SEN	C. N. Colégio Vasco da Gama	41	00:24:51	14	00:00:44	41	01:04:00	22	00:00:27	27	00:39:08	02:09:11	00:19:06
31	3760	1000	Pedro Pinheiro	-	SEN	S.U.Colarense	71	00:27:04	27	00:00:48	16	01:02:52	46	00:00:33	16	00:38:04	02:09:23	00:19:19
32	3524	632	Paulo Sequeira	-	SEN	Peniche A. C.	45	00:25:23	48	00:00:56	48	01:04:25	27	00:00:28	19	00:38:36	02:09:50	00:19:45
33	3705	469	Ricardo Silva	-	SEN	Clube de Triatlo de Almada	46	00:25:27	59	00:01:01	49	01:04:27	81	00:00:43	17	00:38:16	02:09:56	00:19:52
34	4060	994	António Moura	-	V3	A. M. C. R. Fonte Grada	64	00:26:45	58	00:01:00	18	01:03:02	41	00:00:32	25	00:39:00	02:10:21	00:20:17
35	3735	740	Ricardo Filipe Costa	-	SEN	A. H. Bombeiros Estoris / Nutrilogia	48	00:25:49	51	00:00:58	43	01:04:02	52	00:00:34	28	00:39:09	02:10:34	00:20:30
36	4151	1898	António Calafate	-	V1	Núcleo Sportinguista da Golegã	42	00:25:13	39	00:00:53	28	01:03:28	31	00:00:28	55	00:41:15	02:11:19	00:21:15
37	3522	1053	Nuno Pereira	-	SEN	Quintajense Futebol Clube	43	00:25:15	33	00:00:50	30	01:03:33	42	00:00:32	54	00:41:14	02:11:26	00:21:22
38	4035	1516	Paulo Lamego	-	V1	C. N. Colégio Vasco da Gama	52	00:26:01	82	00:01:12	31	01:03:35	49	00:00:34	38	00:40:18	02:11:41	00:21:37
39	3571	1295	Carlos Rocha	-	SEN	DUNIK.PT-Clube dos Galitos	51	00:25:59	61	00:01:02	36	01:03:49	17	00:00:24	41	00:40:37	02:11:52	00:21:48
40	1501	215	Diogo Soares	-	JUN	Alhandra Sporting Club	34	00:23:23	18	00:00:46	77	01:06:49	38	00:00:31	44	00:40:53	02:12:23	00:22:19
41	3783	1308	Pedro Vieira	-	SEN	Individual	69	00:26:53	34	00:00:52	20	01:03:07	45	00:00:33	46	00:40:57	02:12:24	00:22:19
42	4120	870	José Magalhães Dias	-	V1	A. M. C. R. Fonte Grada	58	00:26:33	80	00:01:10	23	01:03:12	76	00:00:40	45	00:40:53	02:12:31	00:22:27
43	3755	1016	Marco Ferreira	-	SEN	DAR - SlowDown	59	00:26:35	76	00:01:08	21	01:03:08	77	00:00:41	48	00:41:04	02:12:38	00:22:33
44	3575	1292	Josué Oliveira	-	SEN	DUNIK.PT-Clube dos Galitos	72	00:27:08	54	00:00:59	60	01:05:10	48	00:00:33	30	00:39:13	02:13:04	00:23:00
45	4384	471	Paulo Carvalho	-	V3	Clube de Triatlo de Almada	12	00:20:54	107	00:01:30	54	01:05:01	106	00:00:53	88	00:44:53	02:13:13	00:23:09
46	4108	225	Paulo Leitão Santos	-	V2	Peniche A. C.	70	00:26:54	56	00:00:59	17	01:02:54	30	00:00:28	68	00:42:21	02:13:39	00:23:35
47	3733	1048	Tiago Cochicho	-	SEN	Vitoria de Janes	73	00:27:21	35	00:00:52	72	01:06:32	47	00:00:33	21	00:38:43	02:14:04	00:23:59
48	3219	126	Ricardo Ferreira	-	SEN	TRIATLO CLUBE TAP	33	00:23:13	53	00:00:58	62	01:05:33	62	00:00:36	79	00:43:43	02:14:06	00:24:02
49	1514	1386	João Campos Cunha	-	JUN	Clube Triatlo de Perosinho	35	00:23:25	55	00:00:59	73	01:06:38	44	00:00:33	74	00:42:43	02:14:19	00:24:14
50	3703	436	Rui Firmino	-	SEN	Clube de Triatlo de Almada	74	00:27:28	67	00:01:04	51	01:04:50	54	00:00:35	42	00:40:44	02:14:43	00:24:39
51	3183	1353	Ricardo Figueira Silva	-	SEN	C. N. Colégio Vasco da Gama	77	00:27:40	38	00:00:53	50	01:04:48	51	00:00:34	53	00:41:12	02:15:09	00:25:05
52	3502	771	Miguel Algarvio	-	SEN	Clube de Praças da Armada	57	00:26:21	52	00:00:58	33	01:03:38	56	00:00:35	82	00:43:50	02:15:25	00:25:21
53	4103	1821	Paulo Ferreira	-	V1	Individual	85	00:28:48	114	00:01:35	67	01:06:01	85	00:00:45	29	00:39:12	02:16:23	00:26:19
54	5620	429	Hugo Tomé Ferreira	-	SEN	Núcleo Sportinguista da Golegã	82	00:28:36	69	00:01:06	35	01:03:42	20	00:00:26	72	00:42:37	02:16:29	00:26:24
55	4460	1629	João Pereira Martins	-	V2	G. A. A. Vila Franca de Xira	93	00:29:16	81	00:01:12	65	01:05:51	79	00:00:42	34	00:39:46	02:16:49	00:26:44
56	3182	509	Alexandre Ventura	-	SEN	Ateneu Artístico Cartaxense	63	00:26:45	17	00:00:45	24	01:03:23	70	00:00:38	93	00:45:28	02:17:02	00:26:57
57	3132	2035	Tiago Santos	-	SEN	DAR - SlowDown	79	00:28:06	90	00:01:18	38	01:03:58	88	00:00:48	76	00:42:52	02:17:03	00:26:59
58	3100	871	Luis Cipriano	-	SEN	A. M. C. R. Fonte Grada	96	00:29:58	88	00:01:17	58	01:05:06	133	00:01:17	31	00:39:26	02:17:06	00:27:01

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	P	P	P	Total	Diff	
59	2174	1505	Nuno Piteira	-	S23	Kainagua	16	00:21:34	79	00:01:10	92	01:09:02	82	00:00:43	87	00:44:46	02:17:17	00:27:13
60	4341	174	Jose Albano	-	V2	Clube Millennium BCP	112	00:32:32	42	00:00:54	40	01:04:00	90	00:00:49	26	00:39:05	02:17:22	00:27:18
61	3020	1880	António Marques	-	SEN	Clube de Praças da Armada	75	00:27:33	46	00:00:55	81	01:07:50	28	00:00:28	50	00:41:08	02:17:55	00:27:51
62	3218	1721	Pedro Miguel Machado	-	SEN	C. N. Colégio Vasco da Gama	68	00:26:53	95	00:01:22	69	01:06:23	61	00:00:36	75	00:42:52	02:18:08	00:28:04
63	3285	347	Hugo Ferreira	-	SEN	Garmin Olimpico de Oeiras	108	00:31:27	60	00:01:01	52	01:04:57	63	00:00:36	35	00:40:07	02:18:10	00:28:06
64	4193	1164	Luis Correia Ferreira	-	V1	Assoc. Académica S. Mamede	49	00:25:52	97	00:01:23	83	01:08:17	129	00:01:08	63	00:41:59	02:18:41	00:28:37
65	3740	1074	Francisco Gaspar	-	SEN	A. M. C. R. Fonte Grada	78	00:27:57	45	00:00:55	79	01:07:29	37	00:00:31	62	00:41:57	02:18:51	00:28:47
66	3508	1055	João Duarte	-	SEN	Quintajense Futebol Clube	92	00:29:14	70	00:01:06	66	01:05:58	80	00:00:43	60	00:41:55	02:18:58	00:28:54
67	3431	726	Henrique Venâncio	-	SEN	Peniche A. C.	97	00:30:09	68	00:01:05	53	01:04:59	53	00:00:34	66	00:42:12	02:19:01	00:28:56
68	3241	172	Nuno Tintim	-	SEN	Alhandra Sporting Club	109	00:31:29	31	00:00:50	76	01:06:44	24	00:00:27	32	00:39:34	02:19:04	00:29:00
69	3185	2122	Hugo Fonseca	-	SEN	Sporting CP - St.Peters School	62	00:26:43	77	00:01:10	70	01:06:25	59	00:00:36	86	00:44:14	02:19:11	00:29:06
70	3477	135	Álvaro Silva	-	SEN	TRIATLO CLUBE TAP	88	00:29:04	116	00:01:37	75	01:06:42	97	00:00:51	47	00:40:58	02:19:14	00:29:10
71	3057	650	Henrique Matias	-	SEN	Oeiras Sport Clube	76	00:27:36	83	00:01:13	87	01:08:35	32	00:00:29	56	00:41:21	02:19:16	00:29:11
72	3135	1161	Mário Guedes	-	SEN	Sporting CP - St.Peters School	83	00:28:41	49	00:00:56	74	01:06:38	92	00:00:49	78	00:43:22	02:20:28	00:30:24
73	3146	2053	Álvaro Tojinha	-	SEN	Amiciclo	40	00:24:40	113	00:01:35	84	01:08:22	74	00:00:39	91	00:45:16	02:20:34	00:30:30
74	3811	1494	Luis Filipe Valente	-	SEN	Clube Oriental de Lisboa	61	00:26:42	93	00:01:20	82	01:08:15	36	00:00:31	81	00:43:50	02:20:40	00:30:35
75	3215	2167	Rui Silva	-	SEN	Açoreana Clube Banif	90	00:29:10	126	00:01:54	80	01:07:30	114	00:00:58	58	00:41:37	02:21:11	00:31:07
76	4204	243	Mário Sousa	-	V3	Peniche A. C.	132	00:36:18	62	00:01:02	57	01:05:05	115	00:00:58	15	00:37:56	02:21:21	00:31:17
77	3586	977	Miguel Carneiro	-	SEN	Clube de Praças da Armada	54	00:26:06	73	00:01:08	93	01:09:08	119	00:01:01	83	00:44:00	02:21:25	00:31:20
78	5668	737	Bruno Brito	-	SEN	A. H. Bombeiros Estoris / Nutrilogia	66	00:26:51	103	00:01:27	95	01:10:13	127	00:01:07	65	00:42:07	02:21:47	00:31:43
79	3724	1824	Pedro Raposo	-	SEN	Ateneu Artístico Cartaxense	114	00:32:53	96	00:01:22	19	01:03:03	87	00:00:47	90	00:44:57	02:23:04	00:33:00
80	3681	659	António Maria Cumbre	-	SEN	Alhandra Sporting Club	56	00:26:17	120	00:01:41	86	01:08:25	110	00:00:55	97	00:45:56	02:23:15	00:33:11
81	2165	1176	Pedro Magalhães	-	S23	Assoc. Académica S. Mamede	110	00:31:33	102	00:01:27	64	01:05:36	72	00:00:39	84	00:44:06	02:23:22	00:33:17
82	3005	321	Diogo Almeida	-	SEN	Clube de Triatlo de Almada	21	00:22:17	75	00:01:08	110	01:14:10	57	00:00:36	96	00:45:53	02:24:06	00:34:02
83	4468	939	João Coelho	-	V1	Clube Millennium BCP	91	00:29:11	66	00:01:04	68	01:06:05	120	00:01:01	100	00:46:43	02:24:06	00:34:02
84	3000	665	Vitor Santos	-	SEN	A. M. C. R. Fonte Grada	117	00:33:33	78	00:01:10	71	01:06:27	64	00:00:37	69	00:42:22	02:24:11	00:34:07
85	4251	2074	Camilo Queiroz Oliveira	-	V1	Assoc. Académica de Coimbra	113	00:32:51	94	00:01:21	78	01:07:03	93	00:00:49	67	00:42:20	02:24:26	00:34:22
86	3082	1348	João Seródio	-	SEN	C. N. Colégio Vasco da Gama	81	00:28:34	71	00:01:07	90	01:08:55	116	00:00:58	89	00:44:55	02:24:31	00:34:27
87	4014	742	João Santos	-	V3	A. H. Bombeiros Estoris / Nutrilogia	47	00:25:32	72	00:01:07	85	01:08:22	84	00:00:45	113	00:49:17	02:25:05	00:35:00

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	P	P	P	Total	Diff	
88	4034	262	João Pereira	-	V3	Oeiras Sport Clube	60	00:26:41	112	00:01:35	56	01:05:05	95	00:00:50	121	00:50:54	02:25:07	00:35:02
89	3088	1509	Luis Galrito	-	SEN	Kainagua	38	00:24:25	86	00:01:14	107	01:13:58	60	00:00:36	98	00:45:58	02:26:12	00:36:08
90	3737	819	Ricardo Arraias	-	SEN	A. H. Bombeiros Estoris / Nutrilogia	86	00:28:59	44	00:00:55	88	01:08:37	101	00:00:51	111	00:48:47	02:28:11	00:38:06
91	3186	2123	Nélson Sousa	-	SEN	Porto Runners	67	00:26:52	64	00:01:03	119	01:16:21	68	00:00:38	85	00:44:09	02:29:05	00:39:01
92	4052	1351	Manuel Gonçalves	-	V3	C. N. Colégio Vasco da Gama	111	00:31:44	108	00:01:30	106	01:13:43	71	00:00:39	57	00:41:34	02:29:13	00:39:09
93	4077	872	João Côte Real	-	V2	A. M. C. R. Fonte Grada	100	00:30:33	123	00:01:45	89	01:08:53	122	00:01:04	110	00:48:07	02:30:25	00:40:20
94	4394	878	Pedro Miguel Jorge	-	V1	Associação Naval Amorense	89	00:29:09	100	00:01:25	99	01:11:51	111	00:00:56	101	00:47:04	02:30:28	00:40:24
95	3628	1173	Rui Pena	-	SEN	Assoc. Académica S. Mamede	102	00:30:53	99	00:01:24	91	01:08:56	100	00:00:51	112	00:48:48	02:30:54	00:40:50
96	3222	2177	Pedro Conceição	-	SEN	Individual	87	00:29:02	40	00:00:53	109	01:14:09	108	00:00:54	107	00:47:55	02:32:55	00:42:50
97	3623	1614	Filipe Varandas	-	SEN	Clube Triatlo de Perosinho	65	00:26:50	132	00:02:12	124	01:17:05	132	00:01:15	94	00:45:32	02:32:56	00:42:52
98	3320	975	Sérgio Ribeiro	-	SEN	Clube de Praças da Armada	80	00:28:29	127	00:01:58	105	01:13:30	117	00:00:59	109	00:48:01	02:32:58	00:42:54
99	3315	136	Mário Figueiredo	-	SEN	Alhandra Sporting Club	136	00:38:52	85	00:01:14	94	01:09:44	35	00:00:30	71	00:42:37	02:32:58	00:42:54
100	3385	1340	Pedro Guedes	-	SEN	Porto Runners	128	00:35:24	87	00:01:15	96	01:10:22	75	00:00:40	92	00:45:17	02:33:00	00:42:56
101	3188	2126	Paulo Rua	-	SEN	Individual	103	00:30:56	124	00:01:48	111	01:14:11	91	00:00:49	99	00:46:12	02:33:58	00:43:53
102	4189	492	Carlos Serra	-	V1	Alhandra Sporting Club	126	00:34:48	84	00:01:13	98	01:10:53	98	00:00:51	108	00:48:00	02:35:46	00:45:42
103	3642	1674	Jorge Carneiro	-	SEN	Porto Runners	116	00:33:03	105	00:01:28	115	01:15:46	58	00:00:36	95	00:45:42	02:36:37	00:46:33
104	4330	1163	José Fernando Silva	-	V2	Assoc. Académica S. Mamede	127	00:34:56	118	00:01:39	100	01:11:56	130	00:01:11	105	00:47:30	02:37:13	00:47:09
105	4294	1056	José Panóias	-	V4	Quintajense Futebol Clube	134	00:37:03	131	00:02:07	97	01:10:29	123	00:01:04	102	00:47:12	02:37:57	00:47:52
106	4023	432	Francisco Bexiga	-	V3	Clube de Praças da Armada	99	00:30:25	128	00:01:58	112	01:14:34	99	00:00:51	120	00:50:50	02:38:40	00:48:35
107	3194	2137	Pedro Seixas	-	SEN	Individual	105	00:31:00	125	00:01:50	108	01:14:06	112	00:00:57	127	00:52:25	02:40:20	00:50:16
108	3645	107	Miguel Torres	-	SEN	CFV	124	00:34:27	91	00:01:18	118	01:16:14	131	00:01:11	104	00:47:21	02:40:34	00:50:30
109	4327	2127	Mário Ramos	-	V3	Individual	107	00:31:16	115	00:01:37	126	01:17:29	86	00:00:46	116	00:50:03	02:41:12	00:51:08
110	4235	268	Ricardo Aguiar	-	V2	Cl. Ferroviário de Vendas Novas	94	00:29:20	121	00:01:42	130	01:19:06	105	00:00:52	123	00:51:04	02:42:06	00:52:01
111	3223	2182	João Coimbra	-	SEN	Individual	122	00:34:20	137	00:02:35	103	01:13:10	128	00:01:08	122	00:50:55	02:42:09	00:52:05
112	4038	1112	Joaquim Patrício	-	V5	C. N. Alvito	104	00:30:59	109	00:01:33	113	01:14:49	136	00:01:26	134	00:56:02	02:44:51	00:54:47
113	4005	1696	José Maçarria	-	V3	Individual	130	00:35:33	122	00:01:45	125	01:17:09	118	00:01:00	115	00:49:43	02:45:12	00:55:08
114	4101	591	José Silveira	-	V1	TRI CAP - Penafirme	131	00:36:02	104	00:01:28	114	01:15:34	124	00:01:05	124	00:51:18	02:45:28	00:55:24
115	4045	264	Rogério Morais	-	V3	Cl. Ferroviário de Vendas Novas	106	00:31:11	133	00:02:12	122	01:16:56	113	00:00:57	132	00:54:42	02:46:01	00:55:56
116	3605	1318	Rodrigo Cordeiro	-	SEN	Individual	123	00:34:23	130	00:02:03	129	01:18:56	102	00:00:51	118	00:50:18	02:46:33	00:56:28

Data:	18-09-2011	Hora:	12h00	Local:	Lisboa				
Natação	1.500 mt	Ciclismo:	40.000 mt	Corrida:	10.000 mt				
Ranking:	Camp. Nac. Indiv. de Triatlo		Hora de Partida:	00h00					

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	P		P		Total	Diff
117	4365	131	Paulo Viana	-	V1	Alhandra Sporting Club	125	00:34:30	98	00:01:24	123	01:16:57	121	00:01:02	128	00:52:51	02:46:46	00:56:42
118	4456	1595	Helder Moringa	-	V1	Ateneu Artístico Cartaxense	120	00:33:58	101	00:01:27	135	01:20:34	126	00:01:07	117	00:50:12	02:47:19	00:57:15
119	3213	2155	Bruno Feio	-	SEN	TRI CAP - Penafirme	95	00:29:25	135	00:02:14	133	01:19:51	138	00:01:34	135	00:56:49	02:49:54	00:59:50
120	4024	151	Carlos Albano Silva	-	V1	Serv. Soc. CGD	135	00:37:55	74	00:01:08	117	01:16:14	96	00:00:50	137	00:58:22	02:54:32	01:04:27
121	4345	627	Paulo Batista	-	V2	TRIATLO CLUBE TAP	137	00:40:32	136	00:02:20	136	01:21:40	89	00:00:48	119	00:50:29	02:55:51	01:05:47
122	4346	133	Jorge Carreiras	-	V2	Clube Oriental de Lisboa	139	00:45:41	117	00:01:38	131	01:19:11	109	00:00:54	114	00:49:33	02:56:59	01:06:55
123	4350	205	João Góis Gomes	-	V1	Individual	121	00:34:00	138	00:02:44	137	01:23:17	140	00:01:43	136	00:57:39	02:59:25	01:09:21
124	4475	2181	Luis Manuel Conceição	-	V3	Individual	140	00:48:20	140	00:04:56	138	01:25:12	137	00:01:32	106	00:47:40	03:07:43	01:17:39
125	4176	119	Vitor Grilo	-	V2	TRIATLO CLUBE TAP	84	00:28:44	129	00:02:02	116	01:16:10	139	00:01:36	140	01:34:52	03:23:25	01:33:21
126	4113	1873	Fernando Manuel Serra	-	V2	Clube Millennium BCP	133	00:36:19	134	00:02:13	140	01:33:33	135	00:01:23	139	01:16:52	03:30:22	01:40:18
	4477	2183	Marco Gouveia	DQ	V1	Individual	141	00:50:39	139	00:03:24	140	01:32:14	139	00:01:35	134	00:55:43	03:23:37	01:33:33
	1522	419	Diogo Rosa	DNF	JUN	Núcleo Sportinguista da Golegã		00:21:09		00:00:44								-
	1531	23	Pedro Araújo Mendes	DNF	JUN	Alhandra Sporting Club		00:18:06		00:00:36		01:05:34		00:00:27				-
	2030	2104	Paulo Junior	DNF	S23	Individual		00:18:02		00:00:38		00:58:01						-
	2179	1597	Diogo Moreira	DNF	S23	Assoc. Académica S. Mamede		00:23:25		00:00:46								-
	3004	873	Bruno Silva	DNF	SEN	A. M. C. R. Fonte Grada		00:28:04		00:00:50								-
	3127	377	Tiago Lobo	DNF	SEN	COMPEED - Tri-Oeste		00:22:33		00:00:45		01:01:05		00:00:32				-
	3149	2054	Manuel Fialho Silva	DNF	SEN	Clube de Triatlo de Almada		00:22:55		00:01:11								-
	3583	1379	Paulo Adão Coelho	DNF	SEN	Clube Triatlo de Perosinho		00:21:24		00:00:47								-
	3624	334	José Camões	DNF	SEN	Alhandra Sporting Club		00:33:09		00:01:26								-
	3639	116	Pedro Teixeira Brandão	DNF	SEN	Porto Runners		00:34:49		00:01:57		01:05:35		00:00:39				-
	3738	743	Nuno Ventura	DNF	SEN	A. H. Bombeiros Estoris / Nutrilogia		00:26:41		00:00:53		01:03:14		00:00:32				-
	4015	1046	José Oliveira	DNF	V3	Vitoria de Janes		00:28:42		00:01:24								-
	4022	730	Paulo Teles	DNF	V1	G. A. A. Vila Franca de Xira		00:26:44		00:00:58								-
	4036	1722	Miguel Gomes	DNF	V1	C. N. Colégio Vasco da Gama		00:33:56		00:01:07								-
	4137	1481	Eduardo Alçada	DNF	V1	Ginásio Clube Figueirense		00:27:02		00:01:16								-
	4268	979	Vasco Soares	DNF	V1	Clube de Praças da Armada		00:28:47		00:09:06								-
	4279	435	João Morgado	DNF	V1	Clube de Triatlo de Almada		00:33:27		00:01:23								-
	4336	235	José Calheiros Dias	DNF	V2	Individual		00:28:14		00:01:50		01:30:08						-

Data:	18-09-2011	Hora:	12h00	Local:	Lisboa						
Natação	1.500 mt	Ciclismo:	40.000 mt	Corrida:	10.000 mt						
Ranking:	Camp. Nac. Indiv. de Triatlo			Hora de Partida:	00h00						

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	P		P		Total	Diff
	4393	877	Julio Nunes	DNF	V1	Associação Naval Amorense		00:34:39		00:01:43								-
	2004	29	Hugo Ventura	DNF	S23	DUNIK.PT-Clube dos Galitos		00:19:21		00:00:36		01:02:32		00:00:26				-
	3676	978	Filipe Vidal	DNF	SEN	Clube de Praças da Armada		00:31:04		00:01:23								-
	4266	149	João Maral	DNF	V1	Serv. Soc. CGD		00:23:51		00:01:31		01:12:46		00:01:36				-
	4131	348	Pedro Nogueira Silva	DNF	V2	Garmin Olimpico de Oeiras		00:33:12		00:01:33								-
	3126	2037	Bruno Dinis	DNS	SEN	Individual												-
	4021	1709	Jorge Silva	DNS	V1	A. H. Bombeiros Estoris / Nutrilogia												-
	4093	288	Ricardo Vieira	DNS	V1	Assoc. Académica de Coimbra												-
	4147	62	Fernando Carmo	DNS	V1	C. N. Colégio Vasco da Gama												-
	4153	138	Miguel Palma	DNS	V1	TRIATLO CLUBE TAP												-
	4342	140	Luis Filipe Silva	DNS	V3	TRIATLO CLUBE TAP												-
	4377	381	Faber Martins	DNS	V1	Individual												-
	4411	1020	Victor Campos	DNS	V5	DAR - SlowDown												-
	4459	1613	Jorg Lohken	DNS	V1	Individual												-
	4069	937	João Rodrigues Silva	DNS	V2	Clube Millennium BCP												-